



The Art of Zentangle: 50 inspiring drawings, designs & ideas for the meditative artist

Margaret Bremner, Norma J. Burnell, Penny Raile, Lara Williams

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Zentangle® is a meditative process of creating art, wherein simple shapes and lines combine to make a complicated and interesting final piece of artwork. The focus of Zentangle is on the process of creation, rather than the end result. The beauty of Zentangle is that there is no right way or wrong way. If you can draw a line and a circle (perfectly or not), you can Zentangle. Zentangle is an art concept that is engaging, approachable, and fun enough for someone who has never picked up any art tools or created a piece of art, yet is still meditative, productive, and creative enough for an advanced artist to enjoy. While many popular Zentangle books share tips, inspiration, and final artwork, there are few that break down Zentangle into a step-by-step process. Structured to be part instruction, part inspiration, and part doodling, *The Art of Zentangle* will first demonstrate how to create Zentangle art by showing intricate patterns broken out into several steps. After artists have warmed up and are ready to give it a try on their own, they'll be invited to practice creating their own Zentangle designs on the beautifully designed blank pages of this inspirational sketch journal. A short gallery of final artwork and several inspirational prompts are included in this comprehensive introduction to the new, inspirational world of Zentangle.

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