

# The Art of Living: The Classic Manual on Virtue, Happiness, and Effectiveness

Epictetus, Sharon Lebell

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## The Art of Living: The Classic Manual on Virtue, Happiness, and Effectiveness

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Perennial wisdom on how best to live with serenity and joy in a thoroughly contemporary and delightfully pragmatic new adaptation. "Wise as a grandfather, earthly as the Tao."-- Jack Kornfield, author of A Path with Heart



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