



A View from the Bench: The Story of an Ordinary Player on a Big-Time Football Team (Sport and Society)

George R. Mills

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Recruited for his combination of size and speed, George Mills had the potential to become an outstanding college football player - but it never happened. "A View from the Bench" reveals the reality behind the glamour of college football and the tough experiences in the life of a benchwarmer. Mills was a solid player who loved the game, but he had only one shot in nearly five years at making Nebraska's starting team. He found little time or energy left for academics after hours of drills, weight lifting, and team meetings. Now, with complete candor, Mills lays bare the true weight of emphasis in the "student-athlete" dichotomy. Free from anger or malice, Mills tells of his struggle to come to terms with a sports career of "mediocrity." "A View from the Bench" is an honest reflection of the experiences of so many overlooked players. It will be meaningful to anyone who has watched or played competitive sports.

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