



Family Therapies: A Comprehensive Christian Appraisal

Mark A. Yarhouse, James N. Sells

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Christian therapists doing family therapy have never had a resource to help them navigate the various family therapy theories from a Christian perspective--until now. In this book Mark A. Yarhouse and James N. Sells survey the major approaches to family therapy and treat, within a Christian framework, significant psychotherapeutic issues. The wide array of issues covered includes

- crisis and trauma
- marital conflict
- separation, divorce and blended families
- individual psychopathology
- substance abuse and addictions
- gender, culture, economic class and race
- sexual identity

Calling for an integrated approach of "responsible eclecticism," they conclude with a vision for Christian family therapy. A landmark work providing critical Christian engagement with existing models of family therapy, this volume was written for those studying counseling, social work, psychology or family therapy. *Family Therapies* will also serve as an indispensable resource for those in the mental health professions, including counselors, psychologists, family therapists, social workers and pastors.

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