



# **Pregnancy, Childbirth, and the Newborn (4th Edition): The Complete Guide**

*Penny Simkin, April Bolding, Ann Keppler, Janelle Durham, Janet Whalley*

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"More readable, more attractive, and more accessible" is how pregnant couples describe the latest edition of this million plus-copy seller! And, of course, it's got all the latest medical information and advice. The new edition is designed to expand the retail market for this authoritative and complete guide.

*Pregnancy, Childbirth, and the Newborn: The Complete Guide* is already one of the bestselling pregnancy books on the market, with more than one million copies in print! Now newly revised and redesigned, this comprehensive, authoritative "bible" provides expectant couples with abundant, valuable information about pregnancy, labor, birth, the postpartum period, and newborn care.

This award-winning book presents the latest research-based information on pregnancy, birth, and early parenthood, including:

- New information on complementary-medicine approaches such as acupuncture
- Updated information on interventions during childbirth
- Revised statistics and discussions on cesarean birth and vaginal birth after cesarean (VBAC)
- New advice on **informed decision-making**, one of the hottest topics in maternity care today
- Plus much, much more!

The book has been redesigned so it's more accessible and reader-friendly, with more photos, illustrations, and boxed features that allow for important information to be highlighted. Also included in the new design are fun and informative sidebars, such as "Common Q&As" about pregnancy, childbirth, and newborn care; "In Their Own Words," in which parents describe their pregnancy, childbirth, and early parenting experiences from their point of view; and "Fact or Fiction?" in which the authors present common misinformation and the facts. New to this edition is an accompanying website, **www.PCNGuide.com**, where readers can find additional maternity care information as well as helpful forms and worksheets.

**Mom's Choice Awards** Pregnancy, Childbirth, and the Newborn (2010) – GOLD AWARD: Pregnancy & Childbirth; **iParenting Media Awards** Pregnancy, Childbirth & the Newborn (2009) – Best Products Winner: Book; **Living Now Book Awards** Pregnancy, Childbirth, and the Newborn: The Complete Guide (2009) – Family (Parenting/Health/Safety): BRONZE AWARD; **National Parenting Publications Awards** (NAPPA) Pregnancy, Childbirth & the Newborn (2009) – GOLD AWARD: Parenting Resources; **USABookNews.com** Pregnancy, Childbirth & the Newborn (2009) – WINNER: Parenting/Family: Pregnancy & Childbirth; **ForeWord Magazine Book of the Year Awards** Pregnancy, Childbirth & the Newborn (2008) – FINALIST: Parenting

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