



# Win Forever: Live, Work, and Play Like a Champion

*Peter N. Carroll, Yogi Roth, Kristoffer A. Garin*

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## **Win Forever: Live, Work, and Play Like a Champion** Peter N. Carroll, Yogi Roth, Kristoffer A. Garin **Updated with a new chapter on Carroll's successful first season with the Seattle Seahawks**

Pete Carroll is one of the most successful coaches in football today. As the head coach at USC, he brought the Trojans back to national prominence, amassing a 97-19 record over nine seasons. In this book he shares the championship-winning philosophy that led USC to seven straight Pac-10 titles, and is now shaping his program with the Seattle Seahawks of the NFL.

Carroll developed his unique coaching style by trial and error over his career. He reveals how his recruiting strategies, training routines, and game-day rituals preserve a team's culture year after year, during championship seasons and disappointing seasons alike.

*Win Forever* is about more than winning football games; it's about maximizing your potential in every aspect of your life. Carroll has taught business leaders facing tough challenges. He has helped troubled kids on the streets of Los Angeles through his foundation, A Better LA. His words are true in any situation: "If you want to win forever, always compete."

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