



# Child Psychotherapy Homework Planner (PracticePlanners)

*Arthur E. Jongsma Jr., L. Mark Peterson, William P. McInnis*

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**New and updated assignments and exercises meet the changing needs of mental health professionals**

The *Child Psychotherapy Homework Planner, Fifth Edition* provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features:

- 93 ready-to-copy exercises covering the most common issues encountered by children, such as academic underachievement, low self-esteem, depression, and separation anxiety
- A quick-reference format—the interactive assignments are grouped by behavioral problems including blended family problems, divorce reaction, ADHD, attachment disorder, social anxiety, language disorders, and unresolved grief and loss
- Expert guidance on how and when to make the most efficient use of the exercises
- Assignments cross-referenced to *The Child Psychotherapy Treatment Planner, Fifth Edition*—so you can quickly identify the right exercises for a given situation or problem
- Downloadable content contains all the exercises in a word-processing format—allowing you to customize them to suit your and your clients' unique styles and needs

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