



Gluten-Free in Five Minutes: 123 Rapid Recipes for Breads, Rolls, Cakes, Muffins, and More

Roben Ryberg

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Gluten-free cooking doesn't mean that you have to spend hours in the kitchen laboring over intricate recipes and multi-flour blends. For two decades, Roben Ryberg has been on the cutting edge of food science. Now she has developed breakthrough--and breakneck--recipes for successful five-minute gluten-free baking, using just a few ingredients and common kitchen appliances.

Gluten-Free in Five Minutes features 125 original recipes for single and double servings of rolls, cakes, tortillas, and more. Whether you are going gluten-free in your college dorm, at the neighborhood barbecue, or are simply in the mood for a piece of cake, this innovative cookbook presents the quick and easy side of eating well.

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