



## Spiritual Bootcamp: This Is Your Wake Up Call

Robert Pease

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Why are my relationships complicated? How will I discover my dream job? When is it going to be my turn? What is my Life Purpose? We ask ourselves questions every day. We wonder why our lives aren't as we wished despite our actions taken toward change, and in a continuous cycle we seem to be disappointed time after time. Our thought patterns and belief systems whether they are negative from the Dangerous mind, or positive from the Beautiful mind, effect our outer world. It is as simple and as complicated as that. Spiritual Bootcamp examines our negative affi rmed intentions or "dream stealers" to accurately pinpoint obstacles that have stopped us from manifesting into our greatest and highest good, and provides the steps needed in order to do so. Each chapter is an easy to follow workbook answering your questions and listing daily affirmations to allow you to start Be-ing instead of simply Do-ing. Overcome obstacles, accomplish your goals, discover negative thoughts patterns you hold within and abolish them. This new found awakened state is the journey of discovering Higher Self, the platform for change, and truly is your wake up call. \* Identify limiting beliefs that prevent you from total well-being. \* Use a simple formula to understand the "attractors" in your life. \* Shift your thoughts to promote healing and abundance in your Self. \* Develop a new skill set to reinforce life-affi rming actions. \* Change your perspective of life so life can love you more.



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