



Soul Play: Turning Your Daily Dramas Into Divine Comedies

Vivian King

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Using a theatrical metaphor, the author masterfully demonstrates a way to become the director of one's inner life. Using Psychosynthesis as the foundation, this user-friendly format offers an innovative way to honor every nuance of the personality and soul on all levels. See life as a play, with the reader as scriptwriter, director, and all the characters. A fun, powerful approach to personal growth and new awareness.

Soul Play is an entertaining way to turn personal daily dramas into special performances. The author challenges readers to let go of the myth that change comes only through suffering. She offers a way to change that is fun and effective.

Contemporary life isn't easy, and often it's far from humorous. From our everyday perspective, life seems complex and chaotic. Captivating drama is based on contrast or conflict. Suspense is built when that which pulls us forward clashes with that which holds us back. Either we become mired in the controversy and continue to suffer the pain of separation (tragedy) or we eventually resolve the conflict and experience the excitement of a new level of harmony (comedy).

Shakespeare reminded us that we're all players on the world stage. While we want to play our part well, most of us stumble over our lines or fake our way through the scenes. We don't know how to turn our daily dramas into divine comedies. When we don't know how to orchestrate the tumult inside, life can be hell.

Hell isn't fun. To be stuck in private anguish is tragic drama. *Soul Play* pulls the reader out of hell, guides them through purgatory, and leads them to Paradise. It opens doors into different dimensions of consciousness and provides ways to take charge of one's inner life.

In *The Divine Comedy*, Dante visited all realms of experience and witnessed every nuance of human emotion from the most vile to the most sublime. It was the inner quality of a person that determined whether he or she spent time in the abyss or in the heavens. Developing inner qualities is essential to living a joyful life. *Soul Play* is about developing and fine-tuning one's character all one's inner characters.

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