



Living With A Momma's Boy: A guide to understanding and dealing with the Momma's Boy in your life without losing your mind

Sheri A Brooks

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Living With A Momma's Boy: A guide to understanding and dealing with the Momma's Boy in your life without losing your mind Sheri A Brooks

This book is for women who find themselves in a relationship with a man who was raised without the presence of a STRONG HEALTHY father or father figure. Most men who were raised by a mother have some Momma's Boy characteristics, this book will help you to identify and deal with some of the unhealthy traits of a Momma's Boy. Learn how to support him without enabling him. Discover ways to help him open up and share what he feels before it becomes a crisis. Develop ways to help him make you and your family a priority in his life.

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