



## Physical Education for Learning: A Guide for Secondary Schools

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# Physical Education for Learning: A Guide for Secondary Schools

## Physical Education for Learning: A Guide for Secondary Schools

An up-to-date, authoritative and accessible exploration of the knowledge and skills necessary to be an effective teacher of secondary physical education. The central theme of the book is the promotion of learning, and the selection of content has been designed to ensure coverage of the theoretical and practical aspects of effective teaching for learning.

Each chapter includes directed activities encouraging critical and active engagement with the text. 'Learning More' sections direct readers to further sources of guidance, web resources and key texts.

Essential reading for those studying physical education at undergraduate and postgraduate level.

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