



Anorexia Nervosa: When Food Is the Enemy (Teen Health Library of Eating Disorder Prevention)

Erica Smith

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Anorexia Nervosa: When Food Is the Enemy (Teen Health **Library of Eating Disorder Prevention)**

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Describes the origins and symptoms of anorexia nervosa, who is at risk, why it develops in certain individuals, and how it can be controlled by healthy eating habits.



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